NET CONTROL SHEET CHECK-IN LOG	1. JCARES NET	2. DATE AND TIME	3. TIME CLOSED

4. NET CONTROL STATION	5. FREQUENCY	6. MODE	7. NET SUMMARY CHECK-INS _____ N/M _____ CONTACTS _____ TRAFFIC _____

8. CHECK-INS

CALLSIGN / NAME / LOCATION	IN / OUT	MOBILE	EM. PWR	LIM.. TIME	QST	CONTACT	TRAFFIC	QST / CONTACT WITH / TRAFFIC FOR / REMARKS